

DELHI PUBLIC SCHOOL MATHURA ROAD

Pre-Primary Wing

Newsletter

Dear Parent,

July 1, 2026

We are thrilled to welcome the children back and are looking forward to an exciting time filled with engaging activities and meaningful learning experiences.

Children are naturally inquisitive and learn quickly from the world around them. An essential life skill we aim to nurture early on is understanding *what* to eat and *how* to eat. With this in mind, we are introducing a special themed week focused on **Table Etiquette and Healthy Eating**. During this week, the children will participate in fun filled and educational activities designed to teach them proper table manners and the value of a wellbalanced diet.



The PTM will be held on July 25th, 2026 (Saturday)

ACTIVITIES FOR THE MONTH

Date/Day	Activity	Activity description	Material required	Learning outcome
July 14 th , 2026 (Tuesday)	The Little Puppet Theatre (Pre-School 1 & Pre-School 2)	Teachers will bring the story to life through a delightful puppet show, sparking imagination and joy in children.		Children will develop listening skills, and an understanding of moral values through this story enactment.
July 15 th , 2026 (Wednesday)	Katputli Utsav (Pre-Primary)	Teachers will captivate students with a vibrant <i>Kathputli</i> (puppet) story enactment, blending culture, creativity, and fun.		The story enactment will enhance cultural awareness, listening skills, and understanding of moral values in the children.
July 22 nd , 2026 (Wednesday)	What's on my plate? 	Teachers will demonstrate how to set a table. Pre School Colouring sheet Pre-Primary Children will draw and colour a plate with healthy food.	Material will be provided by the school.	This hands-on learning experience will help children make healthier food choices and exhibit good manners at the table.

July 23rd, 2026 (Thursday)	'Healthy food, Healthy me': 	Pre-School 1 Children will come dressed as any healthy food item and present why their food choice is good for our health. Pre-School 2 Children will use props to present engaging advertisements encouraging healthy eating and discouraging junk food habits. Pre-Primary A lively debate/spoken activity where children use props to express views on healthy eating versus junk food.	Pre-School 1 Pre-School 2 Pre-Primary Props related to the topic.	Children will confidently speak about healthy food and explain why limiting junk food is important for maintaining good health.
July 24th, 2026 (Friday)	Manners Mania: Little Acts, Big Smiles	Pre-School & Pre-Primary Each section will explore different fun activities designed to teach and practice good manners in an engaging way.	Pre-School & Pre-Primary No material required	Children will understand the importance of respectful behaviour and social skills by learning and practising good manners through the activities.

ASSEMBLY FOR THE MONTH

Date/ Day	Class/ Section	Theme
July 24th, 2026 (Friday)	Pre-School 1- C	An energising assembly on Health & Fitness emphasising the value of staying active, eating right, and leading a balanced lifestyle.
July 31st, 2026 (Friday)	Pre-School 1- D	To celebrate the joy and importance of friendship among students.

