

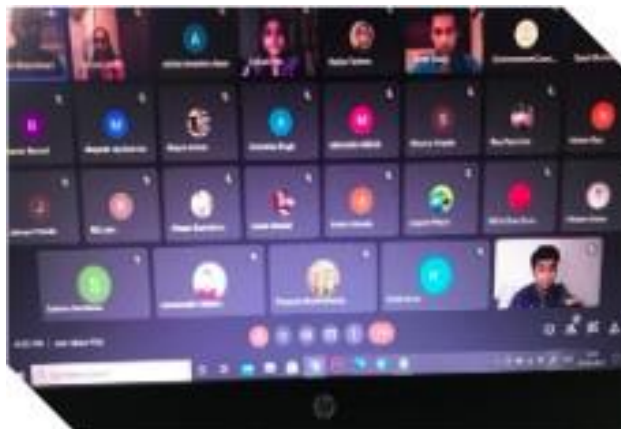
Month: June 2021

## World Environment Day

“Let’s nurture the nature so that we can have a better future”

The environment council of Delhi Public School Mathura Road celebrated World Environment Day on 5 June 2021. The theme for this year was “Ecosystem Restoration”. The council organized various events such as webinars, meme making competition and photography competition. The environment council also introduced its first ever online Interactive Session on this occasion.

The online event was set out by the speeches of the vice presidents and the members of the council. The event was then embellished by guest speakers Mr. Laksh Bhambhani, Ms. Aayushi Bhambhani, Ms. Rabia Fatima and Ms. Zainab Bie who enlightened us on the topics sustainable fashion, sustainable life and waste management.





## राष्ट्रीय जल मिशन जल शपथ



मैं पानी बचाने और उसके विकल्पपूर्ण उपयोग को जाग्य सेवा दूँ/देती हूँ।  
मैं यह भी शपथ देता/देती हूँ कि मैं जल का सम्पत्ति उपयोग  
करनेगा/करनेगी।

जल पानी को हर एक बूँद का संरक्षण करेगा/करनेगी और  
'केच द रेस' अभियान को बढ़ावा देने में पूरा सहयोग दूँगा / दूँगी।

मैं पानी को एक अनमोल संपदा मानूँगा/मानूँगी  
और देश वारो दुःख ही इसका उपयोग करेगा/करनेगी।

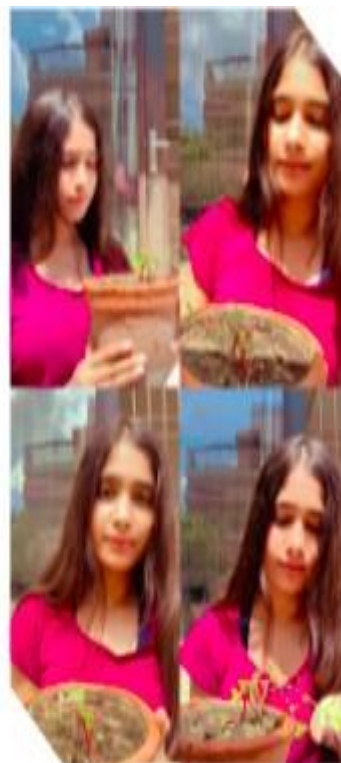
मैं शपथ देता/देती हूँ कि  
मैं अपने परिवारजनों, मित्रों और पड़ोसियों को भी इसका विकल्पपूर्ण  
उपयोग और उसे बर्बाद नहीं करने के लिए प्रेरित करेगा/करनेगी।

यह शपथ हमारा है और हम ही इसे बच सके हैं  
और जगत् भविष्य सुरक्षित कर सकते हैं।



This event witnessed an active participation of about 50 environmentalists of the school and it was a great success. Lastly, it was put to an end by a surprise event.

The environment council also organized a tree plantation campaign in the last week of June for all the classes. The students were told to send their picture/video while planting a tree.



The campaign was a grand achievement as there were more than 50 entries. The young enthusiasts of the school looked forward for more such events.

## Social Service Club Activities

**Social Service Club of DPS Mathura Road from 14th to 18th June conducted sessions with students of classes 6th, 7th and 8th about importance of healthy nutrition, importance of physical exercise, yoga, and meditation in the present Covid times. Stress was given on preventing obesity and diabetes in small children because of unhealthy and junk food, and due to sedentary and lazy lifestyle, lack of outdoor exposure and more of screen time which was playing havoc with lives of children.**

**Children were given healthy recipes and motivated to eat healthy food with all the important nutrients in the right amount and to boost their immunity in order to fight the present Corona infection. They were also encouraged to follow the guidelines on regularly wearing a mask, regular hand washing and sanitizing, and following social distancing to prevent any infection in children as 3rd wave of Corona is expected.**

**Students were made aware of type 1 and type 2 Diabetes, its causes and ways to prevent it. Foods like vegetables, fruits, nuts, unsaturated fats and oils were promoted, whole grains with high fibre were suggested and refined cereals like white breads and other maida based products were being condemned along with saturated fats like butter, ghee, and cream be avoided.**

**On 21st June which is world yoga day students of classes 6th, 7th and 8th were imparted awareness on importance of yoga and exercise, breathing and stretching exercises, meditation, etc. They were asked to be extra careful about the ultra violet radiation from electronic gadgets and screens as they had many ill effects like pain in the eyes, neck, fingers, back and the arms. Meditation would improve the concentration and reduce anxiety, stress, and depression and brings a sense of happiness, mental wellbeing and relaxation.**

**On 21st evening, Ms Narang attended a lecture at Gandhi Smriti. It was a peace and nonviolence lecture on essence of human interconnectedness and Empathy. The lecture was delivered by Swami Gaur Gopaldas who empowered everyone about the importance of compassion and Empathy and how it is so important to be a good human being and to help others and not be selfish and greedy. The director of Gandhi Smriti Mr Laxmi Das delivered the vote of thanks and spoke on the Gandhian principles. The program officers Rajdeep and Vedyabhas Kundu also emphasised that one needs to bring a change from inside and serve the fellow citizens. A sense of togetherness should prevail in everyone and people must remain interconnected and show love, compassion and Empathy.**

**From 21st to 25th June Sessions on improving the mental health of children were conducted. Children were motivated to take some creative activities and hobbies besides studies like painting, cooking, sketching, dancing, Web designing, mimicry, music, indoor games like chess and carromboard, toy making, puppetry, exercising, meditation, art and craft, doing the household chores etc. This will make the children happy and prevent any kind of mental health issues. They can take up tasks of helping and mentoring other weak and underprivileged children of school or of their neighborhood, doing small projects of**

animal welfare, environmental protection, plantation drives, cleanliness drives etc to be occupied and be happy.

The students of class 9th A as a part of Art integration were oriented to Social service and SEWA projects, about volunteering for the needy, disabled, elderly, blind, homeless and orphan children. They were oriented about the various NGOs like Goonj, Bachpan bachao Andolan led by Kailash Satyarthi, Expressions India Lifeskills, health and Peer educators programme, Hriday, Lung Care Foundation, National heart are foundation and many other welfare organisations where the students could volunteer on line and add on to their portfolios.

### HINDI INTER SECTION COMPETITION 2021

क्रिस्सागोई दरअसल कहानी सुनाने की एक दिलचस्प कला है। ये कहानियाँ सजीले सपने भी दिखाती हैं और जीवन की शिक्षा भी देती हैं। क्रिस्सागोई की यह प्रतियोगिता कक्षा VII के विद्यार्थियों में अत्यंत चर्चित रही तथा आशा से अधिक विद्यार्थियों ने इसमें प्रतिभागिता की।

23 क्रिस्सागो को परखने के लिए हमारी विभागाध्यक्षा जी तथा निर्णायक मंडल ने अपना बहुमूल्य समय दिया तथा सभी हमारे विद्यार्थियों की प्रतिभा से प्रभावित हुए। अंग्रेजी विभाग की माननीया रुबीना रेहान जी तथा हिंदी विभाग की श्रीमती वीणा त्रिवेदी जी ने निर्णायिका के दायित्व को स्वीकार कर हमारे प्रतिभागियों का मार्गदर्शन किया।

प्रतियोगिता के विजेताओं के नाम इस प्रकार हैं -

प्रथम पुरस्कार -  
मान्या मित्तल (VII H)

श्रेया नरूला (VII F)

दिवा पन्त (VII G)



द्वितीय पुरस्कार -  
समर्थ बैजल (VII B)  
वंशिका वशिष्ट (VII F)

तृतीय पुरस्कार -  
अदयान खान (VII G)  
समर्थ गुप्ता (VII G)

प्रोत्साहन पुरस्कार -  
अवनी मिश्रा

प्रतियोगिता की एक झलक दिखाते कुछ छायाचित्र -



दिल्ली पब्लिक स्कूल मधुसूत रोड  
अंतरराष्ट्रीय हिंदी प्रतियोगिता 2021-22  
कक्षा -VII  
दिनांक - 24/06/2021  
प्रतिस्पर्धि - क्रिस्सागोई  
विषय - भारत की लोककथाएँ  
प्रतियोगिता परिणाम -

**हमारी निर्णायिका महोदया(भूतपूर्व दूरदर्शन व आकाशवाणी उद्घोषिका)**

धरने कर्मा,  
क्रिस्सागोई प्रतियोगिता में आपकी प्रतिभा, आपके अभिनयिक अंशक सराहनीय है। वास्तव में, कम उम्र के लिए जो मुझे ज्ञान ही नहीं कि यह कला भावों के जगत है। आपके सपने ही आपके अभिनयों तथा आवाजियाँ का संप्रयोग थे। आपकी प्रस्तुतियों ने मुझे भाव-मिश्रित बन दिया है। यिनका कोई भी हो, पर मेरी दुष्टि से आप में से इस कला करने आप में विशेष है, उत्पन्न है।  
अबत हमारी है कि दिन-रातिव आपकी प्रतिभा में विकास आता रहे, आप न यिनके क्रिस्से तुलनें बल्कि अपने साथ भी नें।  
बोलावे रहे - निरंतर - सदा।  
देर कला पार और अवधि

आपकी एक अजेनी अभ्यासिका स्वीया प्रेषण



**हिंदी विभागाध्यक्षा जी की कलम से -**



डॉ. श्यामले,  
क्रिस्सागोई प्रतियोगिता में भाग लेने वाले सभी छात्र कक्षाई के पाठ है। आप सभी हिंदी साहित्य की इस अनुभवा विद्या को समझा और पूरे मनोयोग से इसमें भाग लिया। अभिष्ट में भी इसी प्रकार आगे बढ़ने चाहिए - यही मेरी शुभकामना है।

- डॉ. श्यामले आनंद  
हिंदी विभागाध्यक्षा

**हमारी निर्णायिका महोदया (हिंदी साहित्य तथा भाषा की विदुषी)**



डॉ. श्यामले,  
आप सभी की क्षमताओं को देखकर मुझे बहुत प्रसन्नता तथा गर्व का अनुभव हुआ। आप में से हर एक विद्यार्थी में विशेष प्रतिभा है। आप सभी लोग इसी प्रकार हिंदी भाषा की विविध विधाओं में पारंगत होकर हिंदी की लोकप्रिया को और भी बढ़ाएँ।

दृष्टकाम्यमें सही  
वीणा सिंघेरी

**कल्पना लोक की सैर कराने वाले हमारे क्रिस्सागो -**



## International Yoga Day celebration in DPS Mathura Road

Keeping in view the spirit of yoga and its benefits , 7th International Yoga Day was celebrated online on 21st June DPS Mathura Road in compliance with the CBSE circular No Acad 35/2021 dated 27th May 2021 . An online Yoga Quiz was conducted .The middle school students participated enthusiastically in the quiz.

A 15 day yoga program was organized online for both the parents and students of Class 6 to 8 from 6th June - 21st June 2021.

For teachers and staff an online Yoga workshop was conducted from 17th May to 28th May 2021. The teachers gave an overwhelming response. Over 110 teachers participated in the yoga workshop and learnt various yogasanas , pranayamas and meditation .It was an enriching experience.



## Class XII Inter-Section Debate

The Debating Society, DPS Mathura Road organized this session's first online Inter-Section English Debate for Class XII on 17 June 2021. Twenty-one students from across twelve sections of Class XII participated in the competition which was judged by Ms. Manisha Verma – Head of the Department of English and Ms. Fauzia Umar – In-charge, Debating Society.

The participants put forth compelling arguments both for and against the motion which stated – Technologically, modern man is a giant but morally a pigmy. From quoting examples from the dark ages to bringing to the fore the predicament of the contemporary society, the debaters left no stone unturned to sway the judges and the audience their way.

The winners stood as follows – Baani Bhatnagar (XII-D) and Aryan Gupta (XII-I) were declared the Best Speakers; Shrisha Bhardwaj (XII-J) and Soumya Malik (XII-D) were the runners up and Arpita Arora (XII-A) and Jahnvi Pandey (XII-H) were awarded the second runners up prize. Shourya Baijal (XII-D) was declared the Best Interjector while Hamza Ahmed (XII-B), Divya Bandaru (XII-E) and Aziz Malik (XII-I) were given motivational prizes.



## Class VIII Inter-Section Debate

The Debating Society, DPS Mathura Road organized an online Inter-Section English Debate for Class VIII on 24 June 2021. Twenty-six students from across eight sections of Class VIII participated in the competition which was judged by Ms. Anita Dixit – Co-coordinator, Middle School and Ms. Sonam Kwatra – member of the Department of English.

The participants put forth compelling arguments both for and against the motion which stated – Parents must control their children’s social media activities. The debaters approached the motion enthusiastically while enlisting and explaining the pros and cons of social media control at the hands of parents.

The winners stood as follows – Ahaana Moda of Class VIII-C was declared the Best Speaker; Shayan Mukherjee of VIII-E was awarded with the runners up prize and Alike Lal of VIII-H bagged the second runners up position. Diya Kohli of Class VIII-B was declared the Best Interjector while Avaneesh Raj of VIII-B, Aashi Mittal of VIII-D and Dhanvin Vikram of VIII-G were given motivational prizes.





## **ONLINE EARTHQUAKE SAFETY DRILL**

**Earthquakes can be very unpredictable, no one knows when an earthquake can strike, therefore, it is essential that everyone is made aware about earthquakes and what to do when an earthquake occurs. As the world is going through the Covid-19 pandemic at the moment, the only illuminating way to acquaint the students about earthquake safety was through a video and thus, the Disaster Management Club of Delhi Public School, Mathura Road organized a ‘virtual earthquake safety drill’ through a very informative video. The video included details about what an earthquake is, history of earthquakes, effects of earthquakes, earthquake safety rules and what to do after an earthquake. The video was shown to the students of all classes on the 29th of June 2021.**