

CAREER COUNSELLING

By Mrs Astha Mahajan Senior School Counsellor D.P.S. MATHURA ROAD

CHOICE OF A CAREER

- SUCCESS IS 80% ATTITUDE & 20% APTITUDE
- PERFORMANCE IN VIII- XII: A DIRECT MEASU
- OF ONE'S INNATE ABILTY
- XI XII : THE MOST CRUCIAL ACADEMIC YEAR
- OF A STUDENT
- PERSONALITY, APTITUDE AND TALENT
- (INHERENT AND ACQUIRED)
- MAJORS/ SUBJECTS TO BE TAKEN AS PER YO
- APTITUDE & INTEREST
- INTEGRITY AND DRIVE TOWARDS A PARTICULAR
- COURSE OPTION
- FUTURE CAREER ASPIRATIONS



OBJECTIVES DRIVING THE DECISION

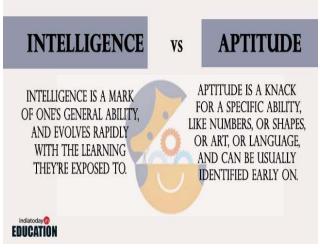
- Your subjects are for enhancing your skills more than leading to a career.
- Learn the subjects that will take you to a career that you excel at.
- Choose your further educational path on the basis of the following aspects:
- Academics- commitment, consistency, concentration
- Area of interest
- Personality & Aptitude
- Assess your strength and weakness
- Possibilities and Opportunities
- Employment rates for specific degrees.
- If you are considering an economics major, find out the post-graduation employment rate for that major.
- Subject prerequisite for Higher Education
- -Future Study / Career Plan

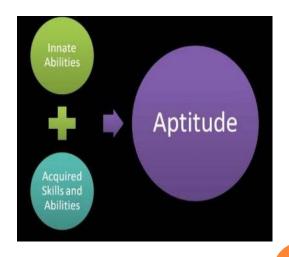
UNDERSTANDING PSYCHOLOGICAL ATTRIBUTES FOR DECIDING A CAREER PATH

- 1. Intelligence is the global capacity to understand the world, think rationally, and use available resources effectively when faced with challenges. Intelligence tests provide a global measure of a person's general cognitive competence including the ability to profit from schooling. Generally, students having low intelligence are not likely to do so well in school-related examinations, but their success in life is not associated only with their intelligence test scores.
- **2. Aptitude** refers to an individual's underlying potential for acquiring skills. Aptitude tests are used to predict what an individual will be able to do if given proper environment and training. A person with high mechanical aptitude can profit from appropriate training and can do well as an engineer. Similarly, a person having high language aptitude can be trained to be a good writer.
- **3. Interest** is an individual's preference for engaging in one or more specific activities relative to others. Assessment of interests of students may help to decide what subjects or courses they can pursue comfortably and with pleasure. Knowledge of interests helps us in making choices that promote life satisfaction and performance on jobs.
- 4. Personality refers to relatively enduring characteristics of a person that make her or him distinct from others. Personality tests try to assess an individual's unique characteristics, e.g. whether one is dominant or submissive, outgoing or withdrawn, moody or emotionally stable, etc. Personality assessment helps us to explain an individual's behavior and predict how she/he will behave in future.
- **5. Values** are enduring beliefs about an ideal mode of behaviour. A person having a value sets a standard for guiding her/his actions in life and also for judging others. In value

WHY APTITUDE IS SIGNIFICANT ASPECT IN CAREER COUNSELLING?

- While assessing intelligence, psychologists have found that people with similar intelligence differed widely in acquiring certain knowledge or skills.
- It has been observed that in a class there are certain areas in which some intelligent students do not do well.
- When some children have a problem in mathematics, they may turn to Aman for help, and with similar difficulties in literature they may consult Avinash. They may request Shabnam to sing for their annual function, and may turn to John when facing a problem with their computer system. These specific skills and abilities are called aptitudes.
- With proper training these abilities can be considerably enhanced.





IS APTITUDE ALONE ENOUGH TO CHOOSE A CAREER PATH?

- In order to be successful in a particular field, a person must <u>have both aptitude and interest.</u>
- A person may be interested in a particular job or activity, but may not have the aptitude for it. Similarly, a person may have the potentiality for performing a job, but may not be interested in doing that. In both cases, the outcome will not be satisfactory.
- A student with high mechanical aptitude and strong interest in engineering is more likely to be a successful mechanical engineer.

WHAT DOES APTITUDE TEST MEASURE

- Aptitude tests generally measure a candidate's language skills, numerical ability, spatial and abstract reasoning, and logical thinking. One can assess through the results what s/he is good at and make career choices accordingly.
- For example if a student has good language aptitude, "they can pursue a career in writing, teaching, journalism, advertising, law, library science, stenography, business development, travel and tourism, etc".
- Similarly, if they have a high spatial aptitude, it is relevant for the manufacturing industry, drafting, designing, architecture, astronomy, chemist, visual arts, animation, multimedia art,

WHAT AFTER 10TH?

- Remember no stream is best stream for your child.
- All streams have equal amount of scope today.
- In fact most of the knowledge being imparted today will be obsolete in coming future
- Why not set the base for a progressive tomorrow by making a well informed choice.
- Some of the 2022 top most career choices in India
 are: DIGITALMARKETING, PHYSIOTHERAPISTS

ROBOTICS, MACHINELEARNING

ANDROIDRELATIONSHIPCOUNSELLORS

CYBERSECURITY, NURSEPRACTITIONERS

DATASCIENCES, LIFESCIENCES, ENVIORNMENTALSPECIALISTS

VOCATIONAL COURSES(PROFESSIONAL/ SHORT-TERM COURSES)

- Apart from Class 12th studies, many students opt for short-term professional courses such as ITI courses, polytechnic diploma courses, paramedical courses. These courses fetch jobs after completion but the salary package is less. Only a few state boards teach vocational streams after the 10th. However, students have to join a professional institute after class 10th examination instead of the 12th. The duration of these courses can be of 3 months, 6 months, or 1 year as per the requirement and student's preference. Some of the vocational streams after 10th standard examinations are
- Interior Designing
- Fire and Safety
- Fashion Designing
- Jewelry Designing
- Dialysis Technician
- Health/ Sanitary Inspector
- Nursing
- X-Ray Technician

THINGS NOT TO DO/FACTS TO REMEMBER:

- For every Class X student selecting a stream after CBSE Class X is an important question that must be answered in a simplified way so that students can decide about what stream they must select.
- Remember, if your child is bright academically doesn't mean that he or she can do science after class X easily. He/she must have the interest and aptitude to pursue the same as Intelligence is not the only criteria to consider.
- Many creative fields have aspiring careers ahead don't let your child get confused between the deciding factors. Let them go where their hearts want them to go!

THANK YOU

